

1. I saw a news program this last week talking about the importance of lutefisk to Scandinavian culture. What foods are important to your cultural heritage or family history?
2. What role does food and eating play in your relationship with God? How do you use food/foods to worship God?
3. Read Matthew 6:9-13. What comments, thoughts, or questions do you have after reading the words "Give us this day our daily bread"?
4. In what ways does Jesus ascribe respect and worth to the physical human body?
5. How does being healthy aid us in our spiritual growth?
6. Read Proverbs 30:7-9. Why would the author say this? What could be harmful in having too much or too little?
7. What role do we play in our prayer for our daily bread?
8. How do we serve the world by praying this Matthew 6:11 for ourselves?
9. As a small group or with a couple of friends, pray for the pro-life movement in our world. Pray for the lives lost, the mothers in crisis and the emotional pain often realized after having an abortion, and for stronger responses from the church to love those in need of hope and healing.

*Jesus knows the Lord's Prayer will stretch us; it's an intensely personal and infinitely powerful prayer being said by \_\_\_\_\_ and \_\_\_\_\_ people!*

**Our \_\_\_\_\_ is physical**

Healthy \_\_\_\_\_ lead to healthy \_\_\_\_\_

Much of Jesus' ministry involves healing \_\_\_\_\_ infirmaries

**Praying for \_\_\_\_\_**

Jesus teaches us to pray for what we \_\_\_\_\_

Proverbs 30:7-9 If we pray for abundance, we risk becoming \_\_\_\_\_; if we pray for poverty, we risk becoming \_\_\_\_\_

**We're a \_\_\_\_\_**

In salvation: God extends the \_\_\_\_\_, Jesus provides the \_\_\_\_\_, the Spirit prompts us to \_\_\_\_\_ it--but we respond in \_\_\_\_\_

This is a prayer that speaks to \_\_\_\_\_ for one another