

For the drive home...  
Rest

September 16-22, 2018  
Mark 2:23-3:6

1. What did God teach you about Himself today?
2. What did God teach you about yourself today?
3. How is Jesus now our rest (Matthew 11:28-30)?
4. How is Sabbath rest a part of your lifestyle and not just an activity you do or an event you attend?

Sermon Notes  
Rest

September 16, 2018  
Mark 2:23-3:6

### **The One...the big idea**

- The Sabbath was \_\_\_\_\_

### **The Two...how do we know this?**

- Jesus \_\_\_\_\_
- Jesus \_\_\_\_\_ our \_\_\_\_\_

### **The Three...lessons learned in Jesus**

- Rest is \_\_\_\_\_
- Rest is \_\_\_\_\_ on \_\_\_\_\_
- Rest is \_\_\_\_\_

### **Application**

Sabbath is a \_\_\_\_\_ and not an \_\_\_\_\_

Sabbath is \_\_\_\_\_ over \_\_\_\_\_