

1. On a scale of 1-10 (1 being 'Empty' and 10 being 'Overflowing'), how would you grade your spiritual vitality in this season of life?
2. What is a possible next step in your pursuit of spiritual vitality that you will take this week?
3. How were the lives of John the Baptist and Herod the tetrarch different? What would you say was the most significant difference and why would you pick that one?
4. What personal goals can you set for yourself this week to stay connected to a source of Life? Are you meeting in small group this week? When will you read your Bible? What will you pray about?

_____ is when our lives are marked by
spiritual _____ and _____

Spiritual Vitality

This _____ just happen

It's not a _____, it's an _____

This isn't a _____ we _____, it's _____ and
_____ we make in our lives

It comes from the Spirit _____ us and working His
way _____ us (John 7:37-39)

Positioning Ourselves for Spiritual Vitality

Change starts _____ and then becomes _____

Focus on next _____, not _____

Stay _____ to a source of _____